



May Spiritual Journey

Focus: Hear Him and strive to become like Him.

Prophet's Counsel: Read and ponder talks: [Hear Him \(April 2020\)](#) & [Spiritual Treasures \(Oct 2019\)](#).

Scriptures: Read and ponder [2 Nephi 32](#) (v. 1-9), [Moroni 10](#) (v.3 -7, 30-34), & [Alma 5](#) (v.45-48, 60).

Family History Activity: I am blessed because of the choices my ancestors made (ancestors' conversions).

Invitation to Act: Focus on the meaning of the sacrament prayer, feel Christ's spirit during the sacrament, and listen to the spirit for personal revelation.

